



# ALTIMES



November 18, 2005

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Vol. 3, Issue 44  
Nov. 18, 2005

Col.

**Donald M. Palandech**

*Commander, 407th AEG*

Lt. Col.

**Gerald M. Perkins**

*Deputy Commander, 407th AEG*

Tech. Sgt.

**Paul Dean**

*Editor/Chief, Public Affairs*

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## Out and about: 407th AEG Safety

**Col. Don Palandech,**  
**407th Air Expeditionary Group commander, visits Team Ali.**

We can all point out minute by minute and task by task the way things are different at a deployed location. We don't have the same support infrastructure as at home base and anything and everything you need takes longer to get.

But safety consciousness is the one true constant between here and home; and I have four Airmen dedicated to making sure safety is in the forethought of every Ali Airman.

Each safety specialist has his own area (ground safety, weapons safety, and flight safety) to watch over, but the common thread between them was well put by 407th Air Expeditionary Group ground safety manager Tech. Sgt. Adarryll Crawford, "We're here to make sure the same number of people that arrived here go home—and in the same condition."

I'm sure you've all had some experience with the safety office at one point or another. You're either a supervisor responsible for making sure your work area is in line with published standards or you're the Airman assigned by a supervisor to get something up to those standards and ensuring they stay there. These standards and



Photo by Senior Airman Jennifer Haas

Col. Palandech speaks with Tech. Sgt. Jeff Merritt, 407th Air Expeditionary Group weapons safety manager (center) during a rotation safety inspection. Lt. Col. Kyle Lampela 407th AEG chief of safety is on the left.

checklists were never intended to slow the pace or level of production in your work area. Its been proven over and over that safe work environments are the most productive ones. Deployments are no different. In fact, from a safety perspective, deployments offer more challenges to safety standards while having more dire consequences for shortcutting them.

Each work area must live up to the established safety standards and is checked every rotation. The safety standards you have to live up to are the same as home station but any discrepancies found must be corrected in a much shorter timeframe meaning the safety office has to work harder to enforce them at a

deployed location. The reasons are obvious, just take a walk at night or try sharing a skinny road with a fat Army truck on base.

While visiting with the safety team as they performed one of their rotational safety inspections this week I took the chance to ask a "just for the heck of it" question: How many lives do you think the safety office has saved during this rotation? Sergeant Crawford replied in a tone reflecting absolute belief in his answer: "How many people are here?"

Please keep in mind the safety office is here to help you accomplish the mission in the safest environment possible and make sure the only change you undergo here is the result of pride earned through your accomplishments.

## Front Page photo



Senior Airman Mitch Harrower, 407th ECES force protection, stays fit-to-fight on a Muscle Beach punching bag. There are lots of ways to stay fit at Ali Base and good reasons to do it: see page 9.

Photo by Tech. Sgt. Paul Dean



# This is serious business, but don't be afraid to smile

By Chief Master Sgt. Jeff Barnes

Ali Base fire chief

**A**ir and Space Expeditionary Force rotation 7/8 is in full swing and we're focused on the mission so clearly stated by Todd Beamer aboard United Airlines Flight 93 Sept. 11, 2001: "Let's Roll!"

As I make my way around Ali Base each day I see true American heroes, just like the heroes that were on board United Airlines Flight 93 Sept. 11, 2001. Todd Beamer became the name to remember but there were many more.

Lisa Beamer said of Todd, "Some people live their whole lives, long lives, without having left anything behind. My sons will be told their whole lives that their father was a hero, that he saved lives. It's a great legacy for a father to leave his children."

You have chosen to perform this honorable profession of being a member of the armed forces of the United States. Your family and friends regard you as their hero for serving proudly in Operation Iraqi Freedom.

Let us never forget the reason we are serving in Iraq, Afghanistan, and elsewhere in Southwest Asia.

As an air expeditionary group, you are doing tremendous work. There are so many terrific jobs that have been accomplished to date, by so many Airmen, but it would be impossible to elaborate on each accomplishment, so let's look a sample of unforeseen challenges.

What about Combat Bingo? It's an undeclared Theater of Operation (TO) where you certainly earn your combat pay of \$250 per month. As you enter into the TO you're not sure who's friend or foe. But it doesn't take long to figure out; shortly after you get your slushy and popcorn, you're hit by friendly fire and you go into full alert. All of your combat skills training comes into play, literally.

Then there's the dangerous and often feared softball field. It's claimed so many good soldiers' body parts. I've been considering a position paper to implement the wearing of full Interpersonal Protective Equipment (IPE) prior to taking the field and also thought about negotiating with CENTAF to



Photo by Tech. Sgt. Paul Dean

Chief Master Sgt. Jeff Barnes

*...Hazardous Expeditionary Limb Protection (HELP): somewhere around \$5 per game...*

come up with specific pay for Hazardous Expeditionary Limb Protection (HELP): somewhere around \$5 per game to supplement the cost of pain relievers, bandages, ointments, and other first aid materials.

The Cadillac's are a God send within the area of responsibility, but the one at the fire department, while clean, smells like the burn pit. We've had numerous experts examine it, but the Army burn pit master inhales less toxic fumes in a day than a person taking a quick combat shower in the fire department Cadillac. Enough said, except additional pay for Cadillac Exposure Disease (CED) would be justified if written properly.

While there are so many other areas at Ali Base to talk about, I commend all of you for being part of such an historic event in helping to make Iraq a free nation. Never forget the important work you are doing.

There are so many organizations on base doing their part to make this operation run smoothly. It doesn't matter if you volunteered or were in the bucket for this AEF rotation, your actions and service truly are commendable and you should be proud of yourself.

It is a privilege to serve in the armed forces and I am reminded of this every time I stand at attention during reveille and retreat while the American flag is raised and lowered in Iraq.

Remember to be safe so we can each depart as scheduled, and again, "Let's Roll!"

# There are two sides to every story; You are on the good side

By Chaplain (Capt.) David Kelley

407th Air Expeditionary Group Chaplain

"For without belittling the courage with which men have died, we should not forget those acts of courage with which men have lived. One does what he must in spite of personal consequences, in spite of obstacles and dangers and pressures – and that is the basis of human morality."

—President John F. Kennedy

"Be strong and courageous. Do not be terrified or discouraged; for the Lord your God will be with you wherever you go." Joshua 1:9

**I**t has been said that war brings out the worst in humanity. That might be true, but it also brings out the best in mankind: things like honor, valor, and self-sacrifice.

As President Kennedy stated, during war men and women do what must be done, in spite of dangers and personal risk, in hopes that their actions will make this land (our world) a better place to live. And all of us have pledged to do the same; to defend and fight for the principles of freedom and security, even unto death.

For even to deploy here, to this place, and for many, thousands of miles from home—to fight an

enemy without a face, on his home court—takes a courage that many men and women will never know.

God, Himself, understands this type of courage; a courage that does not risk mere things like loss of fame or money, but courage where personal life and safety are at risk. A courage where there is no award for the runner-up. And because of this, God chooses to side Himself with those who are fighting the struggle for righteousness over tyranny, good over evil.

Therefore, God says to us today as He said to General Joshua many years ago, "Be strong and courageous...for the Lord your God will be with you." For true courage is not to act without fear, but to act in spite of fear.

May we, this day, armed with courage, team with God who gives us strength; so that we, together, will truly make a difference for righteousness here in this place.



**Chaplain (Capt.)  
David Kelley**

## Online process simplifies tuition assistance

By Staff Sgt. Julie Weckerlein

Air Force Print News

11/16/2005 -

**WASHINGTON (AFPN) —**

Airmen are only a few mouse clicks away from financial support for their college education, thanks to the tuition assistance feature on the Air Force's virtual education center.

Online since early 2003, the center helps active-duty, Guard and reserve Airmen pursue their off-duty education from a computer.

"It's a continual process to make [the site] a one-stop shop for an Airman's educational needs," said Kendall McAree, the Air Force's education systems manager at the Pentagon.

Air Force tuition assistance is a quality of life program that provides tuition assistance and fees for college courses taken by active duty Airmen during off-duty hours. It's capped at \$250 per semester hour — \$166 per quarter hour — and is one of the most frequent reasons Airmen give for enlisting and reenlisting in the Air Force, according to the Web site.

Now that all application paperwork is online, Mrs. McAree hopes more Airmen will take advantage of the program.

Mrs. McAree said the new online

capability also frees up education center workers, who spent a lot of time doing the paperwork involved with tuition assistance. Now they can devote more time to face-to-face counseling and assisting customers, she said.

Airmen can also use the Web site to check their Community College of the Air Force progress, request transcript and civilian course conversion tables, distance learning information, DANTES and CLEP test results and more.

The AFVEC link is available at [www.my.af.mil](http://www.my.af.mil)





Photos by Senior Airman Jennifer Haas

# Veterans' Day

(Top left) Master Sgt. Preston New leads the 407th Expeditionary Logistics Readiness Squadron at the 407th Air Expeditionary Group retreat ceremony Nov. 11;

(Top Right) 407th Air Expeditionary Group Commander Col. Don Palandech addresses the group at the retreat ceremony.

(Left) The flag detail for both reveille and retreat included Staff Sgt. Paula Spruill, Senior Airman Adam Jaszczak and Airman 1st Class Amorita Jenkins. Sergeant Spruill (left) and Airman Jenkins prepare to raise the flag at reveille. All of the Airmen are assigned to the 407th Expeditionary Logistics Readiness Squadron.



## reveille and retreat



(Left photo) The flag detail, left to right, Senior Airman Adam Jaszczak, Staff Sgt. Paula Spruill, Airman 1st Class Amorita Jenkins, at reveille. (Above photo) The 407th ELRS at reveille. Prominent in the front rank is Senior Airman Sara Gaines and in the second rank is Master Sgt. Lisa Hill.

# Cooperation, determination: Operation Big Bang

By members of the 407th ECES EOD Flight

407th Expeditionary Civil Engineer Squadron Explosive Ordnance Disposal Flight

Improvised explosive devices are commonly used as weapons against Coalition forces here in Iraq. And although IEDs can be constructed of many things, old ordnance is often used as the explosive charge.

The war on IEDs has many fronts, and at the heart of this fight is a core of dedicated individuals: the Coalition's explosive ordnance disposal technicians. The 407th Expeditionary Civil Engineer Squadron Explosive Ordnance Disposal Flight (Smokin' Monkeys) is an Air Force EOD unit here. They recently removed hundreds of potential IEDs from the War on Terror.

The Smokin' Monkeys were contacted by the Iraqi National Guard (via the Air Force office of special investigations) about more than 2,000 pieces of old ordnance the IqNG captured and wanted to dispose of, so a two-person EOD team went to recon the site.

The munitions were in varying states: some as good as new, others rusted through.

Coordination with the Italian command at Ali Base was extremely important. The Italian military is assigned control of the area outside the base where the ordnance was located, so Air Force Capt. Brian Baumann, 407th ECES EOD flight commander, worked to setup a joint operation with Italian and 407th ECES EOD. In the end, Italian EOD and the Smokin' Monkeys split the munitions and shared the workload.

The first part of the disposal process was ordnance identification. Bad things can happen when unlike ordnance items are mixed together and detonated. The Smokin' Monkeys avoided that, holding true to the EOD creed: "Initial success or total failure."

Once the ordnance was identified the next challenge was to get the ordnance to the disposal site on base safely.

Senior Master Sgt. Joe Durkee, 407th ECES EOD flight chief, provided guidance and oversight



Air Force photo

Much of the ordnance was in poor condition and required careful identification and sorting before being palletized for transportation to Ali Base for disposal.

throughout the logistical operation. Master Sgt. Bill Courter, 407th ECES EOD craftsman took initial lead on planning and resource coordination.

The first evaluation of the task showed a need for logistics support including six 40 foot tractor trailers, 16 volunteers, armored transport, 100 wooden pallets, a banding machine, a 10K AT forklift and two front-end loaders to start with. There was no one agency that could provide all the resources so the mission provided great opportunities to coordinate a large-scale operation between the Air Force, Army, and Coalition partners at a local level.

Staff Sgt. Ron White, 407th ECES EOD craftsman, was appointed team chief for the transportation of the munitions. In the end, the logistical support requirements were greatly reduced but the long pole in the tent was armored transport for the 16 volunteers. At the last minute, OSI stepped up and provided two up-armored SUVs.

Continued next page:

**BIG BANG**





Staff Sgt. Ron White, 407th Expeditionary Civil Engineer Squadron explosive ordnance craftsman, gives direction to the volunteers who will help palletize the ordnance for transportation to the EOD disposal site at Ali Base Oct. 28.

## BIG BANG from page 6

The 407th Expeditionary Security Forces Squadron, specifically Assistant Operations Noncommissioned Officer in Charge Master Sgt. Ricky Melton, took care of the convoy portion of the plan. This allowed EOD to concentrate on explosive safety, ordnance identification, and demolition planning.

Organizers feared the operation might not go at all, because at show time, there were no 40-foot tractor trailers to be seen. But eventually, with many hiccups, the convoy got rolling; the munitions were loaded, and safely transported.

With the ordnance safely on base, Staff Sgt. Richard Dula, 407th ECES EOD craftsman, was chosen as team chief for the demolition operation. He called on the 407th ECES Dirt Boyz to have a front-end loader and 10K AT forklift on site.

The Smokin' Monkeys team worked from 8 to 11 a.m., Oct. 29, setting up the four shots. Distinguished visitors from the Army, IqNG, and Iraqi Air Force joined 407th Air Expeditionary Group Commander Col. Don Palandech for the detonations.

Recognizing the vital role the IqNG played in making Iraq a safer place the general representing the IqNG was given the remote firing device to set off the first shot. The detonation was met with applause and smiles from the EOD technicians, many of who remarked, "Every piece of ordnance destroyed today, is one less IED that can kill someone tomorrow!"

The 407th ECES EOD Flight

recognizes and appreciates the help of the following, each of who contributed to the success of Operation Big Bang: the Iraqi National Guard at Camp Ur, Task Force Bravo (Italian EOD), the volunteers from the 407th AEG, the 777th Expeditionary Airlift Squadron ammo guys, Air Force OSI, the 407th ESFS, the 407th ECES, the Army truck drivers from CEDAR II, and all others who helped in some way along the way.

Capt. Brian Baumann, Senior Master Sgt. Joe Durkee, Master Sgt. Bill Courter, Staff Sgts. Richard Dula and Ron White contributed to this article. It was edited by Tech. Sgt. Paul Dean, 407th Air Expeditionary Group public affairs.



The 407th ESFS has a tool that's quiet as a church mouse, and has eyes that see all.

# Sharing the skies, sharing the mission

Story and photos by  
Tech. Sgt. Paul Dean

407th Air Expeditionary Group Public Affairs

**T**he glamour of their piloting job may not match that of a fighter jock, but a group of enlisted Airmen here use their wings to accomplish a task both positions share: base security through air superiority.

The 407th Expeditionary Security Forces Squadron has more than a half a dozen Airmen assigned to the Force Protection Airborne Surveillance System unit, which uses unmanned aerial reconnaissance vehicles to provide low-cost, low-risk video of any terrain it's assigned to look at.

The Predator's mini-me counterpart transmits real-time

data, day or night, to a ground based operator (the pilot) for analysis and risk assessment. The second operator, the copilot, is responsible for prelaunch checks and launch assistance. A portable computer controls the UAVs flight controls and flight paths until the pilot spots trouble and switches to "U-drive," taking control from the computer.

"This isn't what people think it is. It isn't a toy and it's not just a



The Force Protection Airborne Surveillance System mini-unmanned aerial vehicle is stored and transported in a protective crate. Senior Airman Shawn Fernandez is putting the UAV together in preparation for a mission.



The UAV starts sending back real-time video immediately after launch. Staff Sgt. Chenoa Abbott, noncommissioned officer in charge of the 407th Expeditionary Security Forces FPASS team (left) and Senior Airman Shawn Fernandez review the video stream on a portable computer.

remote controlled plane," said Senior Airman Shawn Fernandez, a 407th ESFS FPASS team member. Fernandez, along with all FPASS team members, are hand picked at their home stations to attend specialized training on the UAVs prior to deployment.

The FPASS teams are able to cover a lot of ground at a lower cost and greatly reduced risk than the alternative of using manned patrols exclusively.

After an FPASS team parks their vehicle at preassigned locations, the UAV is launched and begins its mission. The in-air time varies based on the assigned flight path and environmental conditions. The small UAV is almost silent as it goes about its business, and like a U2 flying many thousands of feet

Continued next page:

**FPASS**



# Unplanned discoveries, Making the right call

By Staff Sgt. Tethon Hunting

407th Expeditionary Civil Engineer Squadron (readiness)

**E**mergency responders at Ali Base have been called for events ranging from fuel spills to tent fires. But the most common call is for suspected unexploded ordnance (UXO). It's important that everybody on base know what to do when they come across a UXO or are instructed that there's one in the area.

First and foremost: accurate directions to the scene. Grid coordinates, landmarks and a physical addresses (i.e. behind tent H12) are equally helpful. The point is to minimize the time necessary for responders to get to the scene.

If you are calling in the incident please stay at the scene until responders arrive.

If you have items to mark the area while you are waiting for responders then use them; if not, but there are other people around have them help you create a perimeter. Keep everybody but emergency responders out of the area. If you are being told that there's a suspected UXO then move with a purpose. Unless somebody states "Exercise, exercise, exercise," shift work, crew rest, and all other reasons you think you have for noncompliance are irrelevant. The minimum safe distance away from the types of ordnance



Photo by Tech. Sgt. Paul Dean

It was anybody's guess what these two objects were before the proper people exposed them in their entirety. This photo was taken directly in front of the group headquarters Oct. 10.

commonly found on Ali Base is 300 feet.

If you arrive at a cordoned off area give it the proper respect—it's cordoned off for a reason. There's nothing more important than your life inside the perimeter.

The discovery of a suspected UXO is not a sensible photo opportunity; the risk just isn't worth it. Stay clear, cordon off the area, notify the law enforcement desk at 445-2232 and keep others away.

One of the best ways to reduce calls for UXO's is to police your living and work areas during daylight hours. Things that appear harmless in the daylight could easily be the next UXO call after dark.

## FPASS from page 8

higher, the mini-UAV's imagery allows a trained operator to spot any kind of potentially aggressive situations or setups.

"This is a really great system. It allows us to cover a lot of territory that would be hard, if not impossible, to keep an eye on properly another way," said Senior Airman JoAnn Bonzi, FPASS team member.

"Every [Airman] here plays a part in base defense—especially security forces—and this is just one part of it. But it's a great part to be involved in," said Airman 1st Class Eric Vaughn, another member of the FPASS team.

The FPASS operators are called pilots and copilots in part because of shared responsibilities they have with traditional flyers. Just like a manned flight, FPASS pilots and copilots have to notify the air control tower about their location, get clearance to launch and check the flying weather forecast for the mission duration.

Staff Sgt. Chenoa Abbott is the noncommissioned officer in charge of the 407th ESFS FPASS team. "This is a really different role for a person from security forces to take on. Its really opened my eyes and given me a chance to see what the skies of the Air Force are really like," she said.

(Photo at right) Copilot for the mission, Senior Airman JoAnn Bonzi releases a UAV. The UAV is tied to a bungee chord which is stretched between the pilot and copilot. The motor on the UAV starts automatically when the craft reaches a predetermined speed during the slingshot takeoff.



# The more you do, the better you feel. Something to sweat about during deployment

Story and photos by  
Tech. Sgt. Paul Dean

407th Air Expeditionary Group Public Affairs

**C**ategorizing events on the weekly Ali Base activities calendar reveals a simple truth about the Airmen deployed here: they love to stay active (even after a 12-hour shift.)

"It's the whole fit to fight mindset along with the chance for people to enjoy themselves," said Tech. Sgt. L.J. Kincade, 407th Expeditionary Services Squadron fitness center director. "We offer a variety of activities that let people burn their

extra energy, join a team, or just improve their self-image."

And sure, there are plenty of nonphysical things to do on base, but it's rare to find more people in the TV room than the aerobics room. One reason might be the physical and mental effects of a good workout.

Lt. Col. (Dr.) Anthony Ghim, 777th Expeditionary Airlift Squadron flight surgeon, points out that exercise clears the mind and reduces stress, increasing both the physical and the mental stamina. "Reduced stress likely prolongs your life," he said.

"There's nowhere that it's more critical to be in top shape than here in the theatre [of operations]," said Lt. Col. Jerry Perkins, 407th Air Expeditionary Group deputy commander and instructor of 3 spin classes each week. "There's no greater chance of needing to respond or react to an emergency after continuously working long hard hours than here, and staying fit gives you the endurance to do it."

Playing a game of basketball or volleyball; riding a stationary bike to get up a good sweat, or walking a few miles on a treadmill might be the last thing on somebody's mind at the end of a long shift. But for some Airmen, exercise and physical activity as part of their routine is what makes the workday easier and



Staff Sgt. Edward Weathersby, 777th Expeditionary Airlift Squadron metals technician craftsman, works his shoulders. Sergeant Weathersby adds 2 hours of exercise to his daily routine to better prepare him for the rigors of deployment and to make time go faster.

the deployment go faster.

"A good workout rejuvenates me, takes away any stress and makes me feel so much better," said Capt. Kim M. Arnold, contracting officer for the 407th AEG Contracting Squadron.

"It's making my deployment go faster," said Staff Sgt. Edward Weathersby, 777th EAS metals technician craftsman.



Lt. Col. Jerry Perkins, deputy commander, 407th Air Expeditionary Group, leads 3 spin classes each week and encourages Airmen to get some form of exercise at least 3 times per week.

Continued next page:  
**FITNESS**



## FITNESS from page 10

"I work and then workout for 2 hours. [Working out] helps me get through these long days: an increased tempo on different terrain requires different measures; it requires better fitness."

One of the keys to fitness while deployed is to stay within your limits, said Dr. Ghim. If you aren't in shape to start with, you can't become a bodybuilding champion in the short time that you're here. The base clinic has treated several Airmen who approached the deployment with a resolution to get fit while here, and have injured themselves doing too much too fast.

And physical fitness isn't limited to running miles and miles or pumping iron. "Exercising at least three times a week will go a long way to improving how you feel," said Colonel Perkins. "Just get out and get active. There are a lot of activities on base to get your blood moving and your mind thinking better. Shoot some hoops, take a Tae Kwon Do lesson. Whatever you do to get yourself active will make you feel better in the long run."

The base activities calendar is published each week in the *Ali Times* (Page 16 this week) and is distributed by the services squadron via e-mail. Call 445-2136 for more information on sports activities available.



Some Airmen have too much fun exercising at spin class. Staff Sgt. Nicole Eisenbarth (left) and her "AOR BFF" Senior Airman April Parker, 407th Air Expeditionary Group PERSCO enjoy a laugh together.

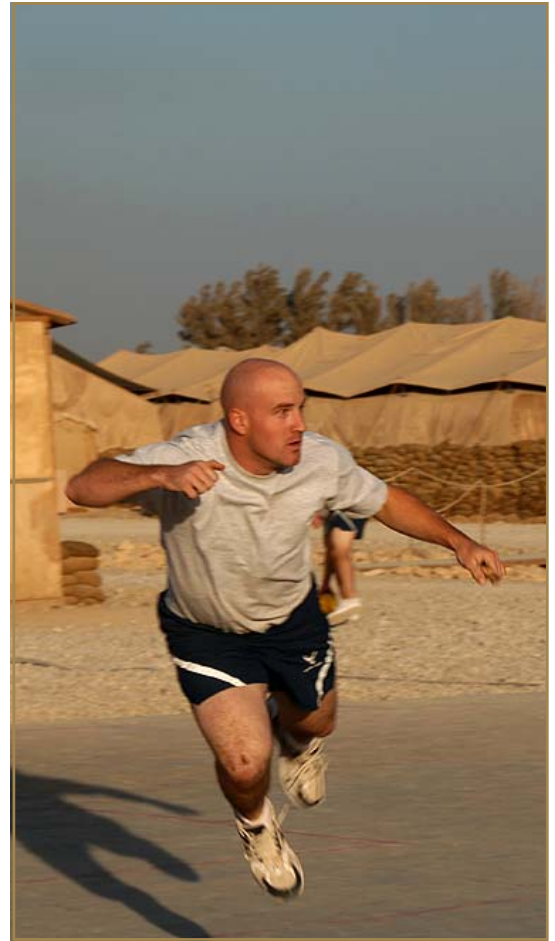


Photo by Senior Airman Jennifer Haas

Although an unorthodox form of exercise, flying does work the arms, legs and wing muscles. Airman 1st Class Robert Nicks, 407th Expeditionary Civil Engineer Squadron firefighter participates in a dodgeball tournament.



Staff Sgt. Paula Spruill, 407th Expeditionary Logistics Squadron equipment management Liaison craftsman (left) and Airman 1st Class Andrew Warnamant, 732nd Expeditionary Civil Engineer Squadron engineering assistant journeyman work on the all-important mid section part of the physical fitness test.



Warming up before he gets down to business, Staff Sgt. Mark Douglas, 407th Air Expeditionary Group noncommissioned officer in charge of personnel jumps rope.

## Family News



Family photo

**Congratulations to**  
Senior Airman **Michael Woods** (ECS) and  
**Holly A. Woods**, on the birth of **Emily Ann**,  
Nov. 8; 7 pounds 4 ounces.

Dad's message to home:

*"Honey, I love and miss you and the kids."*

## Identify This



### Do you know what this is?

If you can identify the object, e-mail the paper at [Ali.Times@tlab.centaf.af.mil](mailto:Ali.Times@tlab.centaf.af.mil) with "Identify This" in the subject block by 3 p.m. Thursday Nov. 24.

All correct entries will be placed in a box and three winners will be randomly selected at Combat Bingo (at the Big Top) at 7:30 p.m., Friday Nov. 25.

Participants do not have to attend bingo to win.

Winners will receive a complimentary T-shirt or coin from the 407th Expeditionary Services Squadron. The winners selected from those correctly identifying the plastic container of straws (Bedrock coffee shop) pictured in the Nov. 4 *Ali Times* are: Tech. Sgt. **James Ralls** (ECES), Staff Sgt. **Ted Wicker** (ECES) and Airman 1st Class **Seth Miller** (ESFS).

# 407th AEG Warrior of the Week



Photo by Tech. Sgt. Paul Dean

## Tech. Sgt. Jeff Knudsen

### Unit:

777th Expeditionary Airlift Squadron

### Duty title:

Aircraft fuel systems craftsman; unit reception monitor

### Home station:

86th Maintenance Squadron, Ramstein Air Base, Germany

### Why other warriors say he's a warrior:

"Tech. Sgt. Knudsen successfully completed the first C-130 in-tank fuel repair in Iraq. He single-handedly repaired an Iraqi C-130 making it possible for its deployment to Baghdad International Airport for Exercise INDEPENDENT ACTION. He flawlessly in and out processed 149 personnel during AEF swapout; and built and trained Post Attack Recovery teams for 777th EAS mission."

—Capt. James McArthur, squadron maintenance officer

### Most memorable Air Force experience:

"On board the Freedom Bird departing from Osan Air Base, Korea. I have never heard cheering and clapping that loud in all my life."

### Family:

"My wife, Nicole, is taking great care of my two boys, Devon and Darius, while I am away."

### Hobbies:

"Working out at Muscle Beach and eating at the DFAC 4 times a day."





## Bella cuisine

### Rumor

I hear there's going to be a pizzeria where the two temporary lodging tents next to Muscle Beach were.

### Fact

The rumor is half right.

An Italian ristorante is scheduled to open at that location. However, the pizzeria part of the rumor is incorrect. The menu will feature pasta dishes, calzones, and other entrees' but not pizza.

The 407th Air Expeditionary Group contracting office, 407th Expeditionary Services Squadron and 407th Expeditionary Civil Engineer Squadron are currently in the planning phase of the project and hope to schedule the opening for mid-December.

The ristorante will be open to residents of Ali Base, Coalition and U.S. personnel (military and DoD civilians), stationed at or transitioning through Ali base.

*This rumor was addressed by 407th Air Expeditionary Group Contracting Squadron Commander Capt. Kim A. Arnold.*

### Heard a rumor?

Get the facts by e-mailing the Ali.Times@tlab.centaf.af.mil or call Chief Master Sgt. Cindy Davis, 407th Air Expeditionary Group superintendent at 445-2027.

# From the CPIC

## Briefs off the wire from the Combined Press Information Center

**CAMP BLUE DIAMOND, AR RAMADI, Iraq** – Iraqi Army Soldiers and Marines, Soldiers and Sailors continue Operation al Hajip Elfulathi (Steel Curtain) in the al Qaim region today. Construction of bases for the Iraqi Army and U.S. military's long-term security presence is steadily progressing in Husaybah, Karabilah and Ubaydi. Simultaneously, Iraqi Army Soldiers and Marines continue patrolling to ensure terrorists do not return.

**TIKRIT, Iraq** – A cordon and search mission in ad Dawr to deny a safe haven for terrorists in the area resulted in the detention of 20 suspected terrorists and the confiscation of weapons and materials used in the production of improvised explosive devices.

Iraqi and U.S. Soldiers detained three men and confiscated an array of weapons during a hasty raid near Al Muqdadiyah Nov. 16 morning.

Iraqi and U.S. Soldiers found and disposed of four weapons caches and an IED Nov. 14 in north central Iraq with the help of several local citizens.

Two men were taken into custody by U.S. troops near Hawija Nov. 12 after they were caught red-handed with IED-making material and \$1,000 in U.S. currency.

**BAGHDAD, Iraq** – Iraqi and U.S. Forces detained dozens of terror suspects during searches in south Baghdad as Operation Clean Sweep continued to clear neighborhoods of terrorist activity.

Iraqi Attorney General Chathanfar Hmod Al-Jasim presented Interpol with an extradition request to bring Omar Sabawi Ibrahim Hasan Al-Tikriti, Saddam Hussein's nephew, from Yemen's capital back to Baghdad to stand trial for violating Article 194 of the Iraqi Penal Code – committing acts of terror.

Multi-National Forces used multiple intelligence sources and tips from concerned citizens to locate a known al Qaeda in Iraq safe house harboring terrorists and foreign fighters Nov. 7.

Coalition Forces continue the hunt for Izzat Ibrhim Al Duri, long-time Saddam Hussein associate, in spite of the latest Baath party announcement of his death. Coalition officials question the validity of the Baath party claim, and a reward of up to \$10 million remains for information leading to Al-Duri's capture or his gravesite.

**FORWARD OPERATING BASE KALSU, Iraq** – Soldiers of the 1st Battalion 155th Infantry, 155th Brigade Combat Team, II Marine Expeditionary Force (Forward), discovered a weapons cache in an area west of Iskandariyah Nov.13th. Troops seized and subsequently destroyed 287 82 mm mortar rounds.

**MOSUL, Iraq** – Iraqi Security Forces and Multi-National Forces from Task Force Freedom detained 76 suspected terrorists and seized a number of weapons during operations in northern Iraq Nov. 9-14.

## Chapel Events

*Saturday Nov. 19, 1:30 p.m., Protestant Baptism Service; outside Oasis of Peace (weather permitting)*

*Sunday Nov. 20, 8 p.m., chapel annex, "The Passion of the Christ," movie.*

*Thursday Nov. 24, 6:30 p.m. Christian Thanksgiving Day Worship Service.*



*Everybody's welcome at all chapel events*

# “Check out” what’s new at the Comfort Zone Library

## Books

*The House of the Spirits*

Isabel Allend—A supernaturally charged novel

*The Money Book for the Young, Fabulous, and Broke*

Suze Orman—Manage money for the younger generation

*Zorro*  
Isabel Allende—Classic story of the hero Zorro, who fights for those that can’t fend for themselves

*Favorite Excel Tips and Tricks*

John Walkenbach—Everything you ever wanted to know about Excel

*Perfect Nightmare*

John Saull—House for sale, daughter kidnapped, manhunt for unknown assailant

*Slow Burn*

Julie Garwood—Can one persons chain of bad luck end her life

*History of Iraq*

Charles Tripp—History of Iraq

*The Lexus and the Olive Tree*

Thomas L. Friedman—Cold War issues

*Bear’s Guide to Earning Degrees*

John B. Bear Ph.D.—Earn degrees by Distance Learning

## Movies

*The King of Queens 4<sup>th</sup> Season*—The cast returns with the 4<sup>th</sup> season of their comedy show.

*The Sopranos 1<sup>st</sup> Season*—James Gandolfini, A Mob boss and family- unpredictable and sometimes frightening.

*“24” Season 1*—Kiefer Sutherland; Bauer must battle death, assassination, and the kidnapping of his family.

*“24” Season 3*—Drug Lord not released in 6 hours, virus will be released in LA.

*Sling Blade*—Billy Bob Thornton, Dwight Yoakam; after 25 years in a mental institution a man is released and his Arkansas past repeats itself.

*The Ring*—Naomi Watts; a tape is rumored to kill you 7 days after you watch it. Can she stop it?

*The Godfather Complete Set*—Marlon Brando, Al Pacino; three disk saga of the Corleone Mob family

*Friends 9<sup>th</sup> Season*—The cast returns with even more hilarious situations struggling to survive in the real world

*Good Morning Vietnam*—DJ boosts soldier’s morale by humor and latest songs from back home.

*Weekend at Bernie’s*—Two employees steal their dead boss’s identity and enjoy the life of relaxation and voodoo.

*Halloweentown & Halloweentown 2*—A young witch discovers powers and outrageous family.

*Wallace & Gromit*—Claymation characters in three funny episodes.

*Deer Hunter*—Tale about friendship and courage during the Vietnam War.

*Winged Migration*—Fly with the filmed migration of different species of birds.

*The Courage to be Rich*—Learn to manage your money, the smart way.

*He Got Game* A father must convince his son to choose a college, to be released from prison.

*Balanced Blend*—Yoga, Pilates, and a Cardio Workout

*Casino*—The 1973 life in Las Vegas.

*Kung Fu Hustle*—A parody of the history of kung fu masters.

*Remember the Titans*—True story of high school football team and their struggle to be #1

*Raging Bull*—A boxer must get his priorities straight.

*Dust to Glory*—A documentary of the Tecate SCORE Baja 1000.

*Gunner Palace*—Documentary about “the Gunners” in Iraq.

*Monsieur Ibrahim*—Older man befriends a young man and both their lives change.

*Law & Order SVU 2003,2004*—Second series of the crime fighting detectives

*Ong Bak the Thai Warrior*—Religious young warrior that swears an oath of peace.

*Spawn*—Comic Book character wants to be alive again, but ends up working for the devil.

*Shark Boy & Lava Girl 3-D*—Ordinary kids have to fight evil.

*The Wedding Date*—A hired date ends up falling in love with the woman that hired him.

*The Boy who could Fly*—A story of two young kids who realize...anything is possible.

The library is open 7 days 7 a.m. through 11 pm.



# Serenity in the sand

## faith-based services schedule

**W**orship is at the 407th Air Expeditionary Group **Oasis of Peace** chapel, unless otherwise noted. The Oasis is open 24 hours a day for prayer and reflection. For details on worship opportunities, or directions to worship locations, please call 445-2006.

### FRIDAY

1 p.m., Muslim prayer/  
service: (temporarily unav.)  
6 p.m., Weekday Mass:  
Oasis  
6:30 p.m., Jewish Service:  
Army Religious Activities  
Center (ARAC)  
7 p.m., Bible Study: ARAC  
7:30 p.m., Gospel choir  
rehearsal: Army Post  
Chapel (APC)  
8 p.m., Alcoholics  
Anonymous: ARAC annex

### SATURDAY

5:30 p.m., Catholic  
Confession: Oasis Office  
6 p.m., Catholic Vigil Mass:  
Oasis  
7 p.m., Kick the Camel (quit  
smoking) club: ARAC

### SUNDAY

7:30 a.m., Catholic  
Confession: Oasis Office;  
Traditional Protestant  
Service: APC  
8 a.m., Roman Catholic  
Mass: Oasis; Church of  
Christ Service: ARAC  
8:30 a.m., Contemporary  
Protestant Service:  
Sapper Chapel; Sunday  
School: APC  
9:30 a.m., Traditional  
Protestant Service: Oasis  
10 a.m., Contemporary  
Protestant Service: APC; ,  
Latter Day Saints Service:  
ARAC  
10:30 a.m., Roman  
Catholic Mass: Camp  
Cedar  
1 p.m., Gospel Service:  
APC  
7 p.m., Contemporary  
Worship Service: Oasis

### SUNDAY (CONTINUED)

7:30 p.m., Contemporary  
Christian Service: Sapper  
Chapel  
8 p.m., Alcoholics  
Anonymous: ARAC

### MONDAY

6 p.m., Weekday Mass:  
Oasis  
7 p.m., Protestant Bible  
Study: Sapper Chapel  
7:30 p.m., Discipleship  
Bible study/fellowship:  
Oasis

### TUESDAY

Noon, Alcoholics  
Anonymas: ARAC Annex  
6 p.m., Weekday Mass:  
Oasis  
8 p.m., Catholic Study:  
Oasis Annex; Combat  
Bible Study: ARAC

### WEDNESDAY

6 p.m., Weekday Mass:  
Oasis  
7 p.m., Spanish Bible  
Study: ARAC; Midweek  
Service Discussion: APC  
7:30 p.m., Protestant  
Evening Service: APC;  
Mens Bible Study: APC  
8 p.m., Purpose Driven Life  
Bible Study: Oasis Annex

### THURSDAY

6 p.m., Weekday Mass:  
Oasis  
6:30 p.m., Ladies Bible  
Study: ARAC  
7 p.m., Latter Day Saints  
Study: ARAC  
7:30 p.m., Workmans'  
Fellowship: RAC; A Man  
and His World Bible  
Study: Oasis

# Cricket Movie Theater

at the

## HOT SPOT

### Today's times and movie descriptions for the week

**The Recruit** (2003), 1 a.m., 1 p.m., Al Pacino, Colin Farrell, action  
**Without A Paddle** (2004), 3 a.m., 3 p.m., Matthew Price, Andrew Hampton, adventure/comedy  
**Collateral** (2004), 5 a.m., 5 p.m., Tom Cruise, Jamie Fox, action  
**Half Baked** (1998), 7 a.m., 7 p.m., Dave Chappelle, Guillermo Diaz, comedy/crime  
**Coach Carter** (2005), 9 a.m., 9 p.m., Samuel L. Jackson, Rob Brown, drama/sport  
**Saw** (2004), 11 a.m., 11 p.m., Leigh Whannell, Cary Elwes, crime  
**Sideways** (2004), Paul Giamatti, Thomas Haden Church, comedy/drama (9 p.m. Friday, Big Top)  
**Hide And Seek** (2005), Robert DeNiro, Dakota Fanning, thriller/drama (2 p.m. Sunday, Big Top)  
**Cabin Fever** (2002), Rider Strong, Jordan Ladd, horror/thriller (4 p.m. Sunday, Big Top)

### Saturday

Sideways ..... 1 a.m.  
The Recruit ..... 3 a.m.  
Without A Paddle ..... 5 a.m.  
Collateral ..... 7 a.m.  
Half Baked ..... 9 a.m.  
Coach Carter ..... 11 a.m.  
Saw ..... 1 p.m.  
Sideways ..... 3 p.m.  
The Recruit ..... 5 p.m.  
Without A Paddle ..... 7 p.m.  
Collateral ..... 9 p.m.  
Half Baked ..... 11 p.m.

### Sunday

Coach Carter ..... 1 a.m.  
Saw ..... 3 a.m.  
Sideways ..... 5 a.m.  
The Recruit ..... 7 a.m.  
Without A Paddle ..... 9 a.m.  
Collateral ..... 11 a.m.  
Half Baked ..... 1 p.m.  
Coach Carter ..... 3 p.m.  
Saw ..... 5 p.m.  
Sideways ..... 7 p.m.  
The Recruit ..... 9 p.m.  
Without A Paddle ..... 11 p.m.

### Monday

Without A Paddle ..... 1 a.m.  
Collateral ..... 3 a.m.  
Half Baked ..... 5 a.m.  
Coach Carter ..... 7 a.m.  
Saw ..... 9 a.m.  
Sideways ..... 11 a.m.  
The Recruit ..... 1 p.m.  
Without A Paddle ..... 3 p.m.  
Collateral ..... 5 p.m.  
Half Baked ..... 7 p.m.  
Coach Carter ..... 9 p.m.  
Saw ..... 11 p.m.

### Tuesday

Saw ..... 1 a.m.  
Sideways ..... 3 a.m.  
The Recruit ..... 5 a.m.  
Without A Paddle ..... 7 a.m.  
Collateral ..... 9 a.m.  
Half Baked ..... 11 a.m.  
Coach Carter ..... 1 p.m.  
Saw ..... 3 p.m.  
Sideways ..... 5 p.m.  
The Recruit ..... 7 p.m.  
Without A Paddle ..... 9 p.m.  
Collateral ..... 11 p.m.

### Wednesday

Half Baked ..... 1 a.m.  
Coach Carter ..... 3 a.m.  
Saw ..... 5 a.m.  
Sideways ..... 7 a.m.  
The Recruit ..... 9 a.m.  
Without A Paddle ..... 11 a.m.  
Collateral ..... 1 p.m.  
Half Baked ..... 3 p.m.  
Coach Carter ..... 5 p.m.  
Saw ..... 7 p.m.  
Sideways ..... 9 p.m.  
The Recruit ..... 11 p.m.

### Thursday

Collateral ..... 1 a.m.  
Without A Paddle ..... 3 a.m.  
Half Baked ..... 5 a.m.  
Coach Carter ..... 7 a.m.  
Saw ..... 9 a.m.  
Sideways ..... 11 a.m.  
The Recruit ..... 1 p.m.  
Without A Paddle ..... 3 p.m.  
Collateral ..... 5 p.m.  
Half Baked ..... 7 p.m.  
Coach Carter ..... 9 p.m.  
Saw ..... 11 p.m.

Movie times are subject to change.

# Bedrock and beyond...

## activities to keep you fit, happy and hungry for more

### Today

5 p.m., **Tang Soo Do**: Muscle Beach (I)  
 6 p.m., **Tae Kwon Do**: HOP  
 6 p.m., **Pull-up competition**: Muscle Beach  
 6:30 p.m., **Spin**: Muscle Beach (I)  
 7 p.m., **8-Ball and Video Game TNYs**: ARC  
 7:30 p.m., **Bingo**: Big Top  
 8 p.m., **Step Aerobics**: HOP  
 8 p.m., **Karaoke Party**: ARC  
 9 p.m., **"Sideways"** (2004), *Paul Giamatti, Thomas Haden Church*, comedy/drama

### Saturday

2:30 p.m., **Pilates**: Muscle Beach (DVD)  
 5:30 p.m., **Absolute Abs**: Muscle Beach (I)  
 7 p.m., **Domino's TNY**: Big Top  
 7 p.m., **Video Game TNYs**: ARC  
 8 p.m., **Salsa Lessons**: HOP  
 8:30 p.m., **Absolute Abs**: Muscle Beach (I)  
 9 p.m., **Latin Night**: Big Top

### Sunday

9 a.m., **Horseshoe Competition**: Bedrock Pits  
 noon, **Tae Kwon Do**: Muscle Beach (I)  
 2 p.m., **"Hide And Seek"** (2005), *Robert DeNiro, Dakota Fanning*, thriller/drama  
 2:30 p.m., **Pilates**: Muscle Beach (DVD)  
 3 p.m., **Spin**: HOP  
 4 p.m., **"Cabin Fever"** (2002), *Rider Strong, Jordan Ladd*, horror/thriller  
 6 p.m., **Cardio Mix**: HOP  
 7 p.m., **Karaoke**: Big Top  
 8 p.m., **Darts, Cricket**: ARC

### Monday

5 p.m., **Tang Soo Do**: Muscle Beach (I)  
 6 p.m., **Tae Kwon Do**: HOP  
 6:30 p.m., **Spin**: Muscle Beach (I)  
 8 p.m., **Ping Pong**: ARC  
 8 p.m., **Darts**: Hot Spot  
 8 p.m., **Step Aerobics**: HOP

(I)—Instructor

TNY—Tournament

HOP—House of Pain, Army Fitness Center

ARC—Army Recreation Center

### Tuesday

8 a.m., **Sit-up Competition**: Muscle Beach  
 2:30 p.m., **Yoga**: Muscle Beach (DVD)  
 5:30 p.m., **Absolute Abs**: Muscle Beach (I)  
 6 p.m., **Cardio Mix**: HOP  
 8 p.m., **9-Ball**: Big Top  
 8 p.m., **Spin**: HOP  
 8 p.m., **Scrabble TNY**: ARC  
 8:30 p.m., **Absolute Abs**: Muscle Beach (I)

### Wednesday

8 a.m., **Health, Morale, Safety and Welfare**: Chapel Annex  
 2:30 p.m., **Pilates**: Muscle Beach (DVD)  
 6 p.m., **Tae Kwon Do**: HOP  
 6:30 p.m., **Spin**: Muscle Beach (I)  
 7 p.m., **4 on 4 Basketball**: Bedrock Courts  
 8 p.m., **Family Feud**: Big Top  
 8 p.m., **Spades TNY**: ARC  
 8 p.m., **Step Aerobics**: HOP

### Thursday

9 a.m., **Volleyball TNY**: Bedrock Courts\*  
 9:30 a.m., **Tae Kwon Do**: Muscle Beach (I)  
 10 a.m., **Horseshoe TNY**: Bedrock Pits\*  
 1 p.m., **Quarterback Challenge**: Bedrock Courts\*  
 2 p.m., **Basketball TNY**: Bedrock Courts\*  
 2-team maximum per squadron  
 5:30 p.m., **Absolute Abs**: Muscle Beach (I)  
 6 p.m., **Cardio mix**: HOP  
 8 p.m., **Ali Idol**: Big Top  
 8 p.m., **9-Ball**: ARC  
 8 p.m., **Spin**: HOP  
 8:30 p.m., **Absolute Abs**: Muscle Beach (I)

\*Sign up before 3 p.m. Wednesday Nov. 23 (445-2136)

## It's your base, so...

Call the 407th Services Squadron with ideas for activities: 445-2696; For information about the House of Pain, Army fitness center: 833-1709; For information about Army morale, welfare and recreation activities: 833-1745.